

Introduction to Clinical Psychology: PSYC 40383
Spring 2017

T/Th 11:00-12:15 PM
102 Kent Hall Addition

Professor: Dr. Karin Coifman

Phone: 672-9155 Email: kcoifman@kent.edu

Office hours: T/Th 8:30am-11:00am by appt
207 Kent Hall Addition

Course overview and objectives: In this course we will explore what it means to be a clinical psychologist by examining both traditional and non-traditional roles. This includes learning the historical roots of the field and current conceptual models relating to diagnosis, evaluation, consultation, and therapeutic interventions. We will examine factors underlying work as both a clinical practitioner and researcher. This includes discussion of the basics of clinical practice (diagnosis and evaluation, interviewing, common therapeutic techniques, alternative treatments, and consultation). We will also focus on the endeavor of clinical research from a broader perspective, exploring both related basic and applied research and how this contributes to the field both now and in the future.

Learning Outcomes:

1. Describe activities associated with clinical practice as a psychologist, including: diagnosis and evaluation, interviewing, common therapeutic techniques, alternative treatments, and consultation.
2. Describe basic principles of clinical research in psychology, including methods relating to intervention (clinical trials), epidemiological, descriptive and translational research.
3. Describe the historical roots of the field and recognize current ethical issues related to the field of clinical psychology.

Required Text:

➤ **Trull, T.J. & Printstein, M.J. (2013). Clinical Psychology (Eighth Edition).**

Also available online (www.cengagebrain.com)

Additional readings will be posted throughout the semester

Readings: We have a textbook and some additional readings that I will post throughout the semester. The textbook covers topics that are both broader and more detailed than I will in the lectures; similarly, my lectures sometimes add information, and sometimes highlight particular topics. I like to start each class with answering any questions you have about the previous class or the readings (from the text or elsewhere), so **please do the reading in advance of class.**

Grades: Grading will be based on 360 points that you can accumulate over the course of the semester. There will also be opportunity to receive **extra credit** by participating in research in the

department. You will be allowed to earn up to 10 research credits, which could add up to an additional 10% of your grade (36 points). In addition, there will be extra credit items on the exams.

I don't grade on a curve. You will receive the grade you earn based on your performance on the exams and the exercises. Therefore, in theory, it is possible for everyone in the class to earn an A. I use the following grading scale: A = 93 – 100; A- = 90 - 92.9; B+ = 87 - 89.9; B = 83 - 86.9; B- = 80 - 82.9; C+ = 77 - 79.9; C = 73 - 76.9; C- = 70 - 72.9; D+ = 67 - 69.9; D = 60 - 66.9; F = 59.9 and below. Once your final grade has been assigned there will be no changes made except in the case of clerical error. Incompletes will not be given to students who are not passing the course.

Exams: There will be two short exams each worth 75 points (each 21%) and a final exam worth 150 points (42%). Only the final exam is cumulative. Exams will consist of multiple-choice and True/False questions. Exam content will be based on both the readings and class content.

Exam make-ups will only occur on designated department-wide make up dates.

Assignments: Along with the readings, I assign three short exercises throughout the semester totaling 60 points (16%). Their due dates are listed in the calendar, below. The exercises require you to go outside the textbook and search the web, visit a library, or interview a person. ***PLEASE NOTE: Plagiarism will not be tolerated and will result in a grade of zero as well as a report to university authorities per university policy.***

Attendance: Formal class attendance is not taken. However, you will be held responsible for all information covered in lecture that goes beyond the text.

Extra Credit: Research Participation (see attachment at end for instructions)

Throughout the semester, we will be discussing many findings of psychological research. But what might not be obvious is the fact that much of this research was conducted at top research universities like Kent State, with participants much like yourself. The descriptions of psychological research that appear in textbooks necessarily omit a great deal of information about what participants actually do in these studies, and what the experience is really like. Serving as a research participant gives you a unique, behind-the-scenes look at how research is conducted.

You can earn extra credit in this class by earning research participation points. These points may be earned either through participation in research studies (conducted by researchers in the Department of Psychology after review by Kent State University's Institutional Review Board) or by writing brief reviews of research articles. Regardless of which option you choose, the goal is to supplement the broad coverage of many topics in class with experiences that will deepen your understanding of psychological research.

If you choose to participate in research studies, note that these are REAL studies that are being conducted by REAL researchers (for example, faculty projects and graduate student dissertation research). **Please take your participation seriously** – you are helping to promote a better understanding of human thought, emotion, and behavior. (Who knows – you may even participate in a study that gets published in a psychology journal and discussed in future classes like this!). Be sure to use the research experience requirement to learn something about research in Psychology. After every research study, you will be told the purpose of the study. Take this

opportunity to ask questions!! Ask why the researchers did what they did, what they expect to find, etc.!!! This is your opportunity to learn first-hand about how psychologists study behavior.

Also, it is very important to show up on time to any studies you sign up for! Not only will you help out the researchers – who have taken time to prepare for your appointment – but also you can **EARN BONUS RESEARCH PARTICIPATION POINTS** for showing up on time to all studies you sign up for (or, when necessary, by cancelling your appointment more than 24 hours in advance of the appointment time). **So please show up to all times you sign up for or cancel at least 24 hours in advance!**

DO NOT WAIT UNTIL THE END OF THE SEMESTER TO COMPLETE THE RESEARCH EXPERIENCE REQUIREMENT!!!! If you do, there will probably not be enough experiments left to participate in. Read the attached packet about research participation very carefully for details about how the research participant pool operates and the alternative of doing research papers instead of participating in experiments.

Academic Dishonesty: University policy 3342-3-01.8 deals with the problem of academic dishonesty, cheating, and plagiarism. None of these will be tolerated in this class. The sanctions provided in this policy will be used to deal with any violations. If you have any questions, please read the policy at

http://www.kent.edu/policyreg/policydetails.cfm?customel_datapageid_1976529=2037779

Cheating and Plagiarism

According to University Policy 3342-3-01.8, “Cheating and plagiarism constitute fraudulent misrepresentation for which no credit can be given and for which appropriate sanctions are warranted and will be applied.” Cheating involves the intentional misrepresentation of your academic work in such a way that you receive undeserved credit or the cooperation with someone else in the misrepresentation of academic work. **Plagiarism involves presenting the ideas or words of someone else as your own, or presenting ideas or work from another source as your own without giving credit to the original source of the material. None of these will be tolerated in this class.** If you are uncertain about what constitutes plagiarism, there are many resources available to you through the KSU library (see: <http://libguides.library.kent.edu/plagiarism/resources>) or on various websites (e.g. an excellent site with examples: <http://www.indiana.edu/~wts/pamphlets/plagiarism.shtml>).

*****PLEASE NOTE: It is the student’s responsibility to ensure that no plagiarism occurs. Any instances will be taken very seriously and responded to according to university policy:** <https://www.kent.edu/policyreg/administrative-policy-regarding-student-cheating-and-plagiarism>

Students with Disabilities

University policy 3342-3-18 requires that students with disabilities be provided reasonable accommodations to ensure their equal access to course content. If you have a documented disability and require accommodations, please contact me at the beginning of the semester to make arrangements for necessary classroom adjustments. Please note, you must first verify your

eligibility for such accommodations through Student Accessibility Services (contact 330-672-3391 or visit <http://www.kent.edu/sas> for more information on registration procedures).

Registration: The official registration deadline for this course is 1/22/17. University policy requires all students to be officially registered in each class they are attending. Students who are not officially registered for a course by published deadlines should not be attending classes and will not receive credit or a grade for the course. Each student must confirm enrollment by checking his/her class schedule (using Student Tools in Flashfast) prior to the deadline indicated. Registration errors must be corrected prior to the deadline.

The course withdrawal deadline is 3/26/17

CALENDAR of TOPICS, READINGS, and ASSIGNMENTS

<u>Date</u>	<u>Topic</u>	<u>Readings</u>	<u>Assignments</u>
1/17-1/19	Intro & Historical Perspectives	Trull 1&2	
1/24	Overview – Clinical Evaluation		
1/26	Diagnosis - DSM-IV	Trull 5	
1/31	Diagnostic Interviews	Trull 6	
2/2	Intellectual Assessment	Trull 7	<u>IQ Assignment Due 2/2 (20 pts)*</u>
2/7	Developmental & Personality Assessment	Trull 8	
2/9	Review		
2/14	<u>Exam I (75 pts)</u>		
2/16 – 2/21	Neuropsychological Assessment	Trull 18	
2/23 – 2/28	Clinical Judgment, Treatment Planning, Intro to Therapy	Trull 10 & 11	
3/2	Contemporary Psychodynamic Treatments	Trull 12	
3/7 – 3/9	Phenomenological, Humanistic, Existential Treatments	Trull 13	<u>Treatment Assignment Due 3/9 (20 pts)*</u>
3/14 -3/16	Behavioral Treatments	Trull 9, 14	
3/21	Review		
3/23	<u>Exam II</u>		
4/4 – 4/6	Group, Family & Dyadic Treatments	Trull 15	
4/11	<i>No Class</i>		
4/13	Psychopharmacology & Adjuvant Treatment		
4/18-4/20	Introduction to Clinical Research/Clinical Trials	Trull 4	
4/25	More Clinical Research		<u>Clinical Trials Assignment Due 4/25 (20 pts)*</u>
4/27	TBA		
5/2	Consultation & Forensics	Trull 17, 19	
5/4	Review		
5/9	<u>FINAL EXAM: 12:45-3:00pm</u>		

**** Please Note ****

Extensions will only be granted with appropriate notice and for extenuating circumstances. If you are concerned you will not be able to complete an assignment, I require an in-person meeting to discuss the circumstances and make appropriate accommodations.