Alcohol is an intoxicating liquid in beer, liquor, and wine that often causes those who drink it to lose their inhibitions and feel more relaxed in social situations. Alcohol can affect teenagers in many ways: through your own consumption or addiction, through the use of alcohol by your friends and resisting peer pressure, by a family member's alcoholism, by a drunken driving accident in the community and beyond.

**Library Catalog Subject Headings**

- Youth - Alcohol Use
- Teenagers - Alcohol Use
- Teenagers - Alcohol Use - United States - Juvenile Literature
- Alcoholism - Juvenile Literature
- Alcohol - Juvenile Literature

**Keyword Search Terms**

- Teens and Alcohol
- Teen Alcoholism
- Drinking and Traffic Accidents
- Binge Drinking

**Remember**

Use limiters in web searches. `<edu>, <gov>, <org>`

Use Boolean operators when searching. `<and>, <or>, <not>`

Place quotes around exact phrases.

**Dewey Decimal Numbers**

- 362.292 Alcoholism
- 613.8 Addictions - Use of Alcoholic Beverages
- 616.86 Substance Abuse

**Web Resources**

**Teens Health** is a great resource to find answers to basic questions about alcohol, to find articles to with information about how to deal with your own drinking problem, an alcoholic parent, or find out more about binge drinking. [http://kidshealth.org/teen/drug_alcohol/alcohol/alcohol.html](http://kidshealth.org/teen/drug_alcohol/alcohol/alcohol.html)

**The Cool Spot** is for teens ages 11-13 and has a series of games and activities to play to learn more about alcohol and resisting peer pressure. These activities include reality check, keep digging, peer pressure bag of tricks, and know your no's. [http://www.thecoolspot.gov/](http://www.thecoolspot.gov/)

**Too Smart to Start** is great place to read advice from fellow teens, play word search and crossword puzzles, and learn how alcohol affects all the different parts of your body. [http://toosmarttostart.samhsa.gov/youth/youth.aspx](http://toosmarttostart.samhsa.gov/youth/youth.aspx)

**Check Yourself** is a place to go read stories of teens just like you who are coping with addictions, find out how to get help to end your own addiction, get information on a variety of drugs and more. [http://checkyourself.com/](http://checkyourself.com/)

**Breitlinks Alcohol Awareness Web** is an interactive pathfinder developed by librarian William P. Breitspecher. It has links to many online and print resources in categories like use or abuse, alcohol and the brain, research guide, help/support links and more. [http://breitlinks.com/alcoholawareness/index.htm](http://breitlinks.com/alcoholawareness/index.htm)

**The Surgeon General’s Guide** is a report brochure about underage drinking and is meant for your family to look at together, however it is also a great resource to use to locate facts and statistics about teenage alcohol use. [http://www.surgeongeneral.gov/topics/underagedrinking/FamilyGuide.pdf](http://www.surgeongeneral.gov/topics/underagedrinking/FamilyGuide.pdf)
Magazine Articles


Non-fiction Books
Many facts, quotes, and statistics are presented in a format that is easy to browse and locate information about the effects of alcoholism on families and more.

This excellent resource includes answers to questions about alcohol abuse, binge drinking, drunken driving, and advertising.

This book has many essays that look at alcohol use by teenagers. A few topics discussed are the legal drinking age, binge drinking, and supervised drinking at home.

This book is a compilation of documents published by U.S. government agencies that contain tips, vocabulary and lots of basic information all organized into eight easy to understand main topics.

This book is part of the Contemporary Issues series and contains essays in five categories that examine the effects of teenage drinking, patterns of consumption, underage drinking in the media, personal narratives and underage alcohol policy.

Fiction Books
A thirteen-year-old girl named Sam is dealing with her father's alcoholism and turns to an older student for help.

In this book in the Clearwater Crossing series someone is killed in an alcohol related crash and the girls rely on one another to deal with the loss.

Four of Matt's friends leave a drinking party and are involved in a fatal accident. The investigation into the accident seems irregular, so Matt sets out to find the truth.

Truth and Skye spend the summer working at a pizza place and partying excessively with their friends. The consequences of their actions may be more than they bargained for.

Organizations
MADD (Mothers Against Drunk Driving)
http://www.madd.org

SADD (Students Against Destructive Decisions)
http://www.sadd.org

Ohio Alateen (Alcoholics Anonymous for Teens)
http://www.ohioal-anon.org/alateen.html

Hotline Numbers
- American Council on Alcoholism 1-800-527-5344
- National Council on Alcoholism and Drug Dependence Hopeline 1-800-622-2255
- Alcohol and Drug Helpline 1-800-821-4357
- Al-Anon For Families of Alcoholics 1-800-344-2666
- National Treatment Referral Center 1-800-662-4357
- National Association for children of Alcoholics 1-888-554-2627

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