Concept Application: # 6 – Hip Fractures in Older People (Please see concept application # 5).

Websites and Articles about Bowel Management in Patients after Hip Surgery

Websites that provide the useful information about bowel management for the general audience and the health care professionals:

Scottish Intercollegiate Guidelines Network (SIGN) (2006). *Management of hip fracture in older people.* This is the guideline of management of hip fracture in older people, including pre-hospital care, management in the emergency department, pre- and postoperative care, discharge planning and rehabilitation. Constipation of early postoperative management is discussed in the guideline. It recommends increasing mobility, increasing fluid intake, increasing fiber in diet, and using laxative to prevent constipation for the postoperative patient with hip surgery.


The articles talk about bowel management in patients after hip surgery:


Madsen, L., Magor, C., & Parker, B. A. (2010). Comparison of two bowel treatments to prevent constipation in post-surgical orthopaedic patients. *International Journal of Orthopaedic and Trauma Nursing, 14*(2), 75-81. This article discusses the use of two treatments for constipation caused by disruptions in mobilization and opioid analgesia.
for pain control for the patients in post orthopaedic surgery. This study shows that
Macrogol 3350 with electrolytes (Movicol) is a safe, well tolerated and cost effective
laxative.

acute and subacute services following total hip replacement and femoral fracture
repair. *Topics in Geriatric Rehabilitation, 12*(1), 23-31. This study discusses the acute
and subacute occupational therapy treatment techniques for older adults post total hip
replacement. The interdisciplinary treatment for prevention bowel, bladder, and skin
integrity complications is also addressed.